



PDMMC/PSY/Out no. 512/23

**Department of Psychiatry**

Date: 30/11/2023

**Program/Activity Report**

**Project/Activity/Event Name :** "World Mental Health Day"

**Date :** 10/10/2023

**Venue / Place :** OPD Premises, Dr. P.D.M.C, Amravati

**Department / Section :** Department of Psychiatry Dr. P.D.M.M. C, Amravati.

**Objectives :** To Spread Awareness about Mental Health, its Causes, statistics and To help people identifying their problems & take timely help.

**Importance / Relevance / Introduction:** 10th October of every year is declared as Mental Health Awareness week by WHO. This day is dedicated to mental health, its awareness in society and promoting positive mental health among different strata of population. People struggling from poor mental health or depression may experience poor quality of life. More troubles in daily activities sometimes intervention is required by spreading awareness.

**Brief Description of the activity carried out :**

WHO declared 10<sup>th</sup> October of every year as "World Mental Health Awareness". As a part of social/responsibility a social programmes was conducted for General population, Medical students, and Hospital staff by Department of Psychiatry on 10/10/2023 within OPD Premises on 10.30 am to 12 noon.

This programme was started by welcoming Chief Guest Dr. A. T. Deshmukh Dean & Dr. P.R. Tekade, Medical Superintendent, Dr. PDMMC & Introductory remark to Audience by Dr. A.V. Saboo, Head of the Department, Dr. PDMMC, Amravati.

Different Aspects of Mental Health Awareness has been discussed by team of residents –

1. About Introduction, Statistics & Courses by Dr. Risha Jatal (PG student)
2. Suicide Management, Psychosocial support and social Prevention by Dr. Pooja Hazare (PG student)

This program was followed by skid on

- a) Depressive Disorder
- b) Alcohol Use Disorder
- c) Schizophrenia

By B.Sc Nursing students to Audiences present for Program.

The Audience was informed that they could seek help from OPD No. 7 Department of Psychiatry Dr. PDMMC & to last conclusion remark was given by Respected Dean sir about mental awareness and its prevention and had timely help can prevent mode conclusion remark and thanked everyone for their attendance.

Conclusion Remark & Vote of Thanks was given by Dr. Vidyut Khandewale and Thanks all dignitaries and audience present for awareness program.

Dr. Sunay Vyas, Dr. Vilhekar, Dr. P. R. Torkadi, Dr. Swapnil Patil, Dr. K. A. Bansod, Dr. S. N. Agrawal, Dr. Thombare, Dr. S. S. Sande, Mrs. Chitra Deshmukh, Nursing Superintendent, Mrs. Munda Dhakade, Incharge Sister Psychiatry Ward, Mr. Kishor Ingle, Mrs. Manjusha Deshmukh, Mr. Akshay Pathrikar ect., Teaching staff, Non-Teaching Staff, UG & PG students were present.

**Recommendations:**

1. Regular Mental Health awareness Programmes for Staff, Students & Patients
2. Pictures/Poster for Awareness to be installed within Hospital Premises, Hostels and mess.
3. Importance of positive mental Health to be propagated to every class of people.
4. Awareness about timely intervention or seeking medical help into society.

**Enclosure :**

1. Program Notice
2. Photographs
3. Classified list of Attendees with signatures (Teaching, Non-Teaching, UG & PG Students, Patients list)

**Project Coordinator (Name):** Dr. M. P. Murke

**Designation:** Associate Professor

*M. P. Murke*

**Signature of Project Coordinator**

Associate Professor  
Department of Psychiatry  
Dr. Panjabrao alias Bhausaheb Deshmukh  
Memorial Medical College, Amravati

*Saboo*

**Endorsed By : HOD/IC**

Dr. A.V. Saboo, Professor & Head  
Dept. of Psychiatry  
Professor & Head  
Department of Psychiatry  
Dr. Panjabrao alias Bhausaheb Deshmukh  
Memorial Medical College, Amravati



Shri Shivaji Education Society Amravati's  
**DR. PANJABRAO ALIAS BHAUSAHEB DESHMUKH**  
**MEMORIAL MEDICAL COLLEGE**  
 Shivaji Nagar, Amravati- 444603



Dr. Anil T. Deshmukh  
 MD (Pathology)  
 Dean



Shri. Harshvardhan P. Deshmukh  
 President  
 Shri Shivaji Education Society

•OfficeTel: 0721-2552353 •Fax: 0721-2552353 •Website: www.pdmcc.edu.in •E-mail: drpdmmc2007@rediffmail.com

Out. No. PDMMC/PSY/ /2023

Date: 10 / 10 / 2023

Program Name: World Mental Health Day

Date : 10<sup>th</sup> October, 2023

Venue : OPD Premises

**Attendance Sheet of Teaching Staff**

Sr. No.	Name	Signature
1.	Dr. A.T. Deshmukh	
2.	Dr. A.V. Saboo	
3.	Dr. Lokit Deshmukh	
4.	Dr. Madhavi Munde	
5)	Dr. Manish P. Patil (Resident)	
6)	Dr. G. Deshpande (Resident)	
7)	Dr. Pawan Tekade	
8)	Dr. S.R. Nivranji	
9)	Dr. Vidya Khandewale	
	Dr. Vithekar	
11)	Dr. Anurog Khapli	
12)	Dr. Shrikant Putane	
13)	Dr. A.B. Samarth	
14)	Dr. Pawan Bahugra	
15)	Dr. Deepjari Khazade	
16.	Dr. G.R. Mundkade	





Shri Shivaji Education Society Amravati's  
DR. PANJABRAO ALIAS BHAUSAHEB DESHMUKH  
MEMORIAL MEDICAL COLLEGE  
Shivaji Nagar, Amravati- 444603



Dr. Anil T. Deshmukh  
MD (Pathology)  
Dean



Shri. Harshvardhan P. Deshmukh  
President  
Shri Shivaji Education Society

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Out. No. PDMC/PSY/ /2023

Date: 10 / 10/2023

Program Name: World Mental Health Day

Date : 10<sup>th</sup> October, 2023

Venue : OPD Premises

### Attendance Sheet of Non-Teaching Staff

Sr. No.	Name	Signature
1)	Latika Bhushare	L. Bhushare
2)	Pratibha Lakhotkar	PL
3)	Aparna Gawande	Aparna
4)	Nilam Humane	Nilam
5)	Manda Phalke	M. Phalke
6)	Anil Chandekar	Anil
7)	Harshada Gujar	Harshada
8)	Sushma Galbraith	Sushma
9)	Leena Thakur	Leena
10)	Kishore Ingole	Kishore
11)	Mr. P. B. Karmesh	P. B. Karmesh
12)	Mr. R. F. Deshmukh	R. F. Deshmukh
13)	Mr. Rohit Deshpande	Rohit Deshpande
14)	Prati S. Hande (IETE Councilor)	Prati S. Hande
15)	V. P. Gharde. L.T	V. P. Gharde
16)	Mr. Karam Thakare	Karam





Dr. Anil T. Deshmukh  
MD (Pathology)  
Deen

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Shri Shivaji Education Society



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Out. No. PDMMC/PSY/ /2023

Date: 10 / 10/2023

Program Name: World Mental Health Day

Date : 10<sup>th</sup> October, 2023

Venue : OPD Premises

**Attendance Sheet of Students**

Sr. No.	Name	Signature
1)	Gauri Gaurkhede	G. D. Gaurkhede
2)	Ravina Gaurbhiye	R. Gaurbhiye
3)	Pravali Wankhede	P. Wankhede
4)	Vaishnavi Wankhede	V. Wankhede
5)	Nikita Shetav	N. Shetav
6)	Diksha Raut	D. Raut
7)	Manisha Dashawar	M. Dashawar
8)	Pahali Chawate	P. Chawate
9)	Vaishnavi Dehankar	V. V. Dehankar
10)	Hemangini More	H. More
11)	Payal Mankeshwar	P. Mankeshwar
12)	Minakshi More	M. More
13)	Nikita Mohan	N. Mohan
14)	Saloni Telgale	S. Telgale
15)	Anam Hote	A. Hote
16)	Vaishnavi Wankhede	V. Wankhede



Dr. Anil T. Deshmukh  
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Dean

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Out. No. PDMMC/PSY/ /2023

Date: 10 / 10/2023

Program Name: World Mental Health Day

Date : 10<sup>th</sup> October, 2023

Venue : OPD Premises

### Attendance Sheet of Students

Sr. No.	Name	Signature
17	Vaishnavi Mohare	
18	Nikita Kalaskar	
19	Tejaswi Rahate	T. P. Rahate
20	Simran Humane	
21	Sanghritra Pande	
22	Kashish Gawai	
23	Shradha Khandare	
24	Bhagyashri Dhurve	
25	Achal Jawanjale	
26	Shraddha Waghmare	
27	Kastur Jankar	
28	Shirani Waindeskar	
29	Kanchan Kherde	K. Kherde
30	Nikita Paul	
31	Dharamraj Ingale	D. Ingale
32	Kunal Korse	K. G. Korse





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PDMMC/PSY/Out no.

**Department of Psychiatry**

Date:

**“World Mental Health Day” on 10<sup>th</sup> October, 2023**





GPS Map Camera

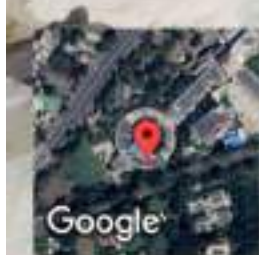


Google

Amravati, Maharashtra, India  
WQVC+JH7, Gadge Nagar, Amravati, Maharashtra 444603, India  
Lat 20.94397°  
Long 77.771562°  
10/10/23 10:57 AM GMT +05:30



GPS Map Camera



Google

Amravati, Maharashtra, India  
WQVC+9G3, Gadge Nagar, Amravati, Maharashtra 444604, India  
Lat 20.943945°  
Long 77.771632°  
10/10/23 11:26 AM GMT +05:30



GPS Map Camera



Google

Amravati, Maharashtra, India  
WQVC+JH7, Gadge Nagar, Amravati, Maharashtra 444603, India  
Lat 20.943996°  
Long 77.771559°  
10/10/23 11:18 AM GMT +05:30



GPS Map Camera



Google

Amravati, Maharashtra, India  
WQVC+9G3, Gadge Nagar, Amravati, Maharashtra 444604, India  
Lat 20.94394°  
Long 77.771535°  
10/10/23 11:17 AM GMT +05:30





Out.No.PDMMC/PSY/512 /23

**Department of Psychiatry**

Date: 30/12/2023

**Activity Report**

**Project/Activity/Event Name : "World No Tobacco Day"**

**Date : 31<sup>st</sup> May, 2023**

**Venue / Place : Seminar hall, Psychiatry OPD No. 07 Dr.PDMC, Amravati**

**Department / Section : Dept. of Psychiatry Dr. P.D.M.M. C. Amravati.**

**Objectives :**

To spread awareness about the various forms of tobacco consumption and the physical, mental, and social problems this poses, and how they could overcome this addiction.

**Importance / Relevance / Introduction :**

The mental health of medical students can affect their education, social life, and emotional well-being. Students struggling with mental health may experience more significant challenges throughout school and adulthood, while those not struggling may have a greater zest for their education, social experiences, and more.

**Brief Description of the activity carried out :**

The "World No Tobacco Day" amongst Resident doctors organised by Dept. of Psychiatry, Dr.PDMC on 31<sup>st</sup> May, 2023 in Seminar hall, Psychiatry OPD No. 07, Dr. Panjabrao Deshmukh Memorial Medical college, Amravati. Time- 3pm-5pm

The program was started with introducing the audience to what tobacco is, the epidemiology of its consumption, and the impact of this on society.

**Questions and Answers -**

- Audience was then encouraged to ask questions they had about tobacco use and its effects.
- They asked several questions, including what different tobacco products existed, what health risks they posed, and how tobacco consumption affected the users' family & friends.
- They also asked what help can be sought to reduce and eliminate one's tobacco use, and what treatment modalities were available.
- All these questions were answered in a comprehensive manner.

The audience was counselled about the great need of overcoming this addiction. Finally, the audience was informed that they could seek help from the Psychiatry OPD (no. 7) at Dr. PDMMC Amravati for tobacco cessation.

The audience was then told about the initiation of World No Tobacco Day, and the importance of this day in spreading awareness about the risks of tobacco consumption. Question and Answer round

**Recommendations:** Smoke-free policies, price increases, and health education campaigns that target large audiences. Methods like counseling and medication can also help people stop using tobacco.

**Enclosure :**

- Photographs
- Classified list of Attendees with signatures (Teaching, Non-Teaching, PG Students, Patients list)

**Project Coordinator (Name):** Dr. M.P.Murke

**Designation :** Asso. Professor & Acting HOD

**Signature of Project Coordinator**

Associate Professor  
 Department of Psychiatry  
 Dr. Panjabrao Alias Bhusaheb Deshmukh  
 Memorial Medical College, Amravati

**Endorsed By**

Professor & Head  
 Department of Psychiatry  
 Dr. Panjabrao Alias Bhusaheb Deshmukh  
 Memorial Medical College, Amravati



Shri Shivaji Education Society's Amravati  
**Dr. PANJABRAO alias BHAUSAHEB**  
**DESHMUKH MEMORIAL MEDICAL**  
**COLLEGE, AMRAVATI**  
Shivaji Nagar, Amravati-444603



PDMMC/PSY/ 253 /2023

Certificate No. PEH-2023-0399

DATE: 21/05/2023

**DEPARTMENT OF PSYCHIATRY**

## C I R C U L A R

On the occasion of "World No Tobacco Day", department of psychiatry is organizing a small event consisting of an interactive skit, Q&A, speeches and posters to shed light on the harmful effects of tobacco.

All the Teachers, faculty members, students and non-teaching staff are invited to grace the occasion.

**Date : 31<sup>st</sup> May, 2023 (Wednesday)**

**Time : 10.00 am**

**Venue : OPD waiting Area, Dr. P.D. M. M. C. Amravati.**

*J.T.S. Mark*

*M.P. Mark*

**Prof. & Head,  
Dept. of Psychiatry,  
Dr. P.D.M.M.C. Amravati.**

Copy for Information and necessary action :-

5. The Dean, Dr. P.D.M.M.C. Amravati
6. DC Electric Department (We will require a sound system and some furniture like tables and chairs for the same)
7. All notice Board, Interns Hostel/UG/PG/Hostel
8. All HOD, Department of \_\_\_\_\_ Dr. P.D.M.M. C. Amravati.

Copy To -

2. The Director, Dr. P.D.M.M.C. Amravati.
6. Administrative Officer
7. Medical Superintendent
8. Dy. Medical Superintendent











**DR. PANJABRAO alias BHAUSAHEB DESHMUKH MEMORIAL  
MEDICAL COLLEGE, AMRAVATI.**

Shivaji Nagar, Amravati -444603

PDMMC / 1 / 202

Date : 31/05/2023

**Patient Attendance Sheet Of Program**

Name of program - "World No Tobacco Day" Date: 31/05/2023

Sr. no.	Name	Signature
1.	Ishwasi Rathod	S.I. Rathod
2.	Ravindra Shinde	R. Ravindra
3.	Umeshrao Sanjwal	Umeshrao
4.	Sarang Ichodke	Sarang
5.	Shubham Ubwad	Shubham
6.	Nagao Sahas	Nagao Sahas
7.	Dinesh Durve	Durve
8.	Sagar Kalaskar	Kalaskar
9.	Khunanilal Bhetada	Bhetada
10.	Sandip Vike	Sandip Vike
11.	Amal Waghmare	Amal Waghmare
12.	Prakash Patil	Prakash Patil
13.	Shashikanth Salun	Shashikanth Salun
14.	Wahid Beg Jafar	Wahid Beg Jafar
15.	Vijay Tarhekar	Vijay Tarhekar
16.	Gajanan Tali	Gajanan Tali
17.	Deepak Revaskar	Deepak Revaskar



Shri Shivaji Education Society Amravati's  
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 Shivaji Nagar, Amravati- 444603



**Dr. Anil T. Deshmukh**  
 MD (Pathology)  
 Dean



**Shri. Harshvardhan P. Deshmukh**  
 President  
 Shri Shivaji Education Society

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PDMMC/PSY/Out no.

**Department of Psychiatry**

Date:

**“World No Tobacco Day” on 31<sup>st</sup> May, 2023**





Dr. Anil T. Deshmukh  
MD (Pathology)  
Dean

Shri Shivaji Education Society, Amravati's  
**DR. PANJABRAO ALIAS BHAUSAHEB DESHMUKH  
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Out no: PDMMC/PSY/ 512/23 Department of Psychiatry

Date: 30/12/2023

### Program/Activity Report

**Project/Activity/Event Name :** "World Suicide Prevention Day"

**Date :** 16/09/2023

**Venue / Place :** OPD Premises, Dr. P.D.M.C, Amravati

**Department / Section :** Department of Psychiatry Dr. P.D.M.M. C. Amravati.

**Objectives :** To Spread Awareness about Suicide, its Causes, statistics and prevention along with social awareness.

**Importance / Relevance / Introduction:** Suicide is a global phenomenon which affects significant number of people in our society especially young generation. It also carries high burden on families of those who come suicide. People struggling from poor mental health or depression may experience poor quality of life. More troubles in daily activities sometimes intervention is required by spreading awareness.

**Brief Description of the activity carried out :**

WHO declared 10<sup>th</sup> September of every year as "World Suicide Prevention Day". As a part of social/responsibility a social programmes was conducted for General population, Medical students, and Hospital staff by Department of Psychiatry on 16/9/2023 within OPD Premises on 10.30 am to 12 noon.

This programme was started by welcoming Chief Guest Dr. A. T. Deshmukh Dean & Dr. P.R. Tekade, Medical Superintendent, Dr. PDMMC & Introductory remark to Audience by Dr. A.V. Saboo, Head of the Department, Dr. PDMMC, Amravati.

Different Aspects of suicide has been discussed by team of residents –

1. About Introduction, Statistics & Courses by Dr. Kaustubh Bhor (PG student)
2. Risk Factors, warning signs and preventive factors by dr. Rish Jatal (PG student)
3. Suicide Management, Psychosocial support and social Prevention by Dr. Pooja Hazare (PG student)

The Audience was informed that they could seek help from OPD No. 7 Department of Psychiatry Dr. PDMMC & to last conclusion remark was given by Respected Dean sir about suicide awareness and its prevention and had timely help can prevent mode conclusion remark and thanked everyone for their attendance.

Dr. Vidhyut Khandewale, Dr. Sunay Vyas, Dr. Vilbekar, Dr. P. R. Torkadi, Dr. Swapnil Patil, Dr. K. A. Bansod, Dr. S. N. Agrawal, Dr. Thornbare, Dr. S. S. Sande, Mrs. Chitra Deshmukh, Nursing Superintendent, Mrs. Manda Dhakade, Incharge Sister Psychiatry Ward, Mr. Kishor Ingle, Mrs. Manjusha Deshmukh, Mr. Akshay Pathrikar ect., Teaching staff, Non-Teaching Staff, UG & PG students were present.

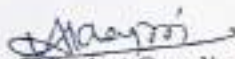
**Recommendations:**

1. Regular Suicide awareness Programmes for Staff, Students & Patients
2. Pictures/Poster for Awareness to be installed within Hospital Premises, Hostels and mess.
3. Importance of positive mental Health to be propagated to every class of people.
4. Awareness about timely intervention or seeking medical help into society.

**Enclosure :**

1. Program Notice
2. Photographs
3. Classified list of Attendees with signatures (Teaching, Non-Teaching, UG & PG Students, Patients list)

**Project Coordinator (Name):** Dr. A.V. Khapri      **Designation:** Assistant Professor

  
**Signature of Project Coordinator**

  
**Endorsed By :** HOD/IC  
Dr. A.V. Saboo, Professor & Head  
Dept. of Psychiatry

**Dr. Panjabrao Deshmukh Memorial Medical College Hospital &  
Research Center, Amravati.**



NABH, Coe. No. : PDR-2021-0399  
Dr. P.R. Tekade,  
MS, Dr.PDMMC Hospital, Amr

Website :- www.pdmhc.edu.in  
Phone no. 0721-2552353  
E-mail ID : drpdmmc2007@rediffmail.com

Outward No. : PDHRC/ 3419 /2023

Date: - 15/09/2023

**NOTICE**

An awareness program is organized on the occasion of World Suicide Prevention Day on 16.9.2023 at 10.30 Am in the OPD premise. Program is being organized by the department of Psychiatry. Senior Staff will address the program.

It is requested to inform all of your subordinate & concern staff to attend the said program.

Medical Superintendent  
Dr. PDMMC Hospital, Amravati

Copy for information :- Hon'ble Dean, Dr.P.D.M.M.College, Amravati.

- Copy to :-
1. HOD, *Psychiatry*, Dr.P.D.M.M.College, Amravati.
  2. Nursing Superintendent, Dr.P.D.Hospital, Amravati.
  3. Mr. Akshay Pathrikar, MSW, Dr.P.D.Hospital, Amravati.
  4. Mr. Swapnil Paikrao, PRO, Dr.P.D.Hospital, Amravati.
  5. Mr. Gaurav Ghulakshe, Asst.Technical Expert, Dr.P.D.Hospital, Amravati.
  6. MBBS Students, {College Notice Board & Hostel Notice Board}

Dept. of Psychiatry  
Dr. P.D.M.M.C. Amr  
Inward No. 4661/23  
Date 15/09/2023  
Sign. \_\_\_\_\_



Shri Shivaji Education Society Amravati's  
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**Dr. Anil T. Deshmukh**  
 MD (Pathology)  
 Dean



**Shri. Harshvardhan P. Deshmukh**  
 President  
 Shri Shivaji Education Society

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PDMMC/PSY/Out no.

**Department of Psychiatry**

Date:

**“World Suicide Prevention Day” on 16<sup>th</sup> September, 2023**











# नवभारत

## आत्महत्या से जुड़े विभिन्न मुद्दों पर किया गया मार्गदर्शन

### PDMC में विश्व आत्महत्या रोकथाम दिवस मनाया



■ अमरावती, ब्यूरो. शिवाजी शिक्षण संस्थान द्वारा संचालित डॉ. पंजाबराव देशमुख स्मृति मेडिकल कॉलेज एवं अस्पताल में मनोरोग विभाग की ओर से 'विश्व आत्महत्या रोकथाम दिवस' मनाया गया. कार्यक्रम की अध्यक्षता संस्थापक डॉ. अनिल देशमुख ने की. प्रास्ताविक विभाग प्रमुख डॉ. आशीष साबू ने किया. विभागाध्यक्ष के मार्गदर्शन में स्नातकोत्तर विद्यार्थियों ने पावर प्वाइंट प्रेजेंटेशन के माध्यम से आत्महत्या के कारणों, इसके जोखिम कारकों, चेतावनी के संकेतों और

आत्महत्या करने वाले रोगियों के प्रबंधन के बारे में जानकारी दी. कार्यक्रम में मुख्य रूप से चिकित्सा अधीक्षक डॉ. पवन टेकाड़े, डा. विल्हेकर, डॉ. बनसोड़, डॉ. तोरकडी, डॉ. एस. एस. व्यास, डा. एस. एन. अग्रवाल, डॉ. एम. पी. मुर्के, डॉ. वी. ए. खांदेवाले, डॉ. एन. वी. बारबदे, डॉ. एस. डब्ल्यू. पाटिल, डॉ. रोहित देशमुख, डा. अनुराग खापरी, डा. अभिषेक समर्थ, डॉ. ठोंबरे, मरीजों के परिजन, छात्र और शिक्षकेतर कर्मचारी बड़ी संख्या में उपस्थित थे. आभार मुकुंद मुर्के ने माना.



Shri Shivaji Education Society Amravati's  
**DR. PANJABRAO ALIAS BHAUSAHEB DESHMUKH  
MEMORIAL MEDICAL COLLEGE**  
Shivaji Nagar, Amravati- 444603



**Dr. Anil T. Deshmukh**  
MD (Pathology)  
Dean



**Shri. Harshvardhan P. Deshmukh**  
President  
Shri Shivaji Education Society

•Office Tel: 0721-2552353 •Fax: 0721-2552353 •Website: www.pdmcc.edu.in •E-mail: depdcmc2007@rediffmail.com

Out. No. PDMCC/EST/7816/2022

Date: 8/10/2022

## CIRCULAR

On the occasion of "World Mental Health Day", Department of Psychiatry is organizing Pole Play and Poster Exhibition to spread awareness regarding mental health.

All the Teachers, faculty members, students and non-teaching staff are invited to grace the occasion.

Date : 10<sup>th</sup> October, 2022 (Monday)

Time : 10.00 am

Venue : OPD premises, Dr. P.D.M.M.C. Amravati.

Dean

**Dr. P. D. M. Medical College  
Amravati.**

DEAN

Dr. Panjabrao Alias Bhausaheb Deshmukh

Dr. Panjabrao Alias Bhausaheb Deshmukh

Copy for Information and necessary action :-

1. All HOD, Department of \_\_\_\_\_ (All Departments): He/She is directed to circulate this circular amongst the staff and students.
2. I/C Electric Department
3. I/C Computer Department
4. Clerk: To make Attendance of staff and students.

Copy To -

1. The Director, Dr. P.D.M.M.C. Amravati.
2. Administrative Officer
3. Medical Superintendent
4. Dy. Medical Superintendent



Dr. Anil T. Deshmukh  
MD (Pathology)  
Dean

Shri Shivaji Education Society Amravati's  
**DR. PANJABRAO ALIAS BHAUSAHEB DESHMUKH  
MEMORIAL MEDICAL COLLEGE**  
Shivaji Nagar, Amravati- 444603



Shri. Harshvardhan P. Deshmukh  
President  
Shri Shivaji Education Society



Office Tel: 0721-2552353 Fax: 0721-2552353 Website: www.pdmme.edu.in E-mail: drpdmmc2007@rediffmail.com

PDMMC/PSY/1486/2022

Department of Psychiatry

Date: 13/10  
/2022

Activity (Event) Report

**Project/Activity/Event Name :** "World Mental Health Day" (Organizing Role Play and Poster Exhibition) 10th October, 2022

**Venue / Place :** Psychiatry OPD No. 07

**Department / Section :** Dept. of Psychiatry  
Dr. P.D.M.M.C. Amravati.

**Objectives :**

1. To raise awareness of mental health issues around the world and to mobilize efforts in support of mental health.
2. Prevention and treatment of mental and neurological disorders and their associated disabilities.
3. Use of mental health technology to improve general health services.

**Importance / Relevance / Introduction :**

Important of Celebration/Awareness: They can help you to build a sense of belonging and self-worth, give you an opportunity to share positive experiences, provide emotional support and allow you to support others.

**Brief Description of the activity carried out :**

World Mental Health Day is celebrated on 10<sup>th</sup> October, 2022 at Psychiatry OPD No. 7, Dr. P.D.M.M.C. Amravati under the supervision of Dr. A. V. Saboo, Professor & Head, Department of Psychiatry.

**Attendees-**

- Chief guests- Dr. A. T. Deshmukh (Dean at Dr. PDMC) and Dr. P. R. Somwanshi (Director at Dr. PDMC)
- Faculty members- Head of the departments and other faculties.
- Patients and their relatives

**Pre-event activities-**

- General welcome
  - Welcome address
- A warm welcome of chief guests, faculties and residents by Dr. V. A. Khandewale

**Main Event-**

1. Poster Presentation : Posters depicting various mental health disorders, the myths surrounding those and the role of a qualified Mental Health Personnel in management of these disorders were made by the GNM Nursing Students of PDMMC and were displayed for public awareness and appreciation.

a qualified Mental Health professional in the treatment of Depression and Anxiety disorders, the effects of Alcohol on day to day life and the need for de-addiction, the subtle features of OCD that might warrant Psychiatric help and the myths and the irrational practises surrounding grave psychiatric disorders like Schizophrenia and Bipolar Mood Disorder were beautifully depicted in this Role Play. All the disorders which were shown in the play were explained by Dr. Rujuta Latkar, a Resident from Department of Psychiatry in a very clear and lucid manner.

3. Prize Distribution : Towards the end of the role-play, prizes were distributed to the students who had made the Top 3 best Posters. They were given a Certificate and a token of appreciation.

**Recommendations:**

**Enclosure :**

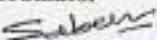
2. Photographs
3. Classified list of Attendees with signatures (Teaching, Non-Teaching, PG Students)

**Project Coordinator (Name):** Dr. A. V. Saboo

**Designation :** Professor

**Signature of Project Coordinator**

**Endorsed By :** HOD/IC

  
**Professor & Head**  
Department of Psychiatry  
Dr. Poojabai and Shaikh-B Deshmukh  
Memorial Medical College, Amravati

Dr. Panjabrao alias Bhausaheb Deshmukh Memorial Medical College, Amravati.  
Department of Psychiatry

Attendance Sheet

Date : 10/10/2022

Title : Mental Health Day Celebration (Organizing Role Play and Poster Exhibition)  
Organiser : Department of Psychiatry

UG / PG / Nursing Student

Sr. no.	Name	Signature
1	Aaditya pokale	Aaditya
2	Narinder Jadhav	Narinder
3	Sakshi V. Nagdave	Sakshi
4	Shruti Mohod	Shruti
5	Arti. S. Meshram	Arti
6	Samiksha. D. Nagdeote	Samiksha
7	Chanchal Turkare	Chanchal
8	Nikita Nagdave	Nikita
9	Maguri Dapolekar	Maguri
10	Arti Dongare	Arti
11	Harsha Raut	Harsha
12	Vandana Sapkal	Vandana
13	Pamika Wase	Pamika
14	Parikshit Ingle (ophthalm)	Parikshit
15	Rajshree Sonani	Rajshree
16	Dr. Yashvanti Nikam.	Yashvanti
17	Dr. Anurag Deshmukh	Anurag



18	Dr. Ashwini Kakde	K.
19	Dr. Pooja. Vidhate	P.
20	Radhika S. Gawande	R.
21	Dr. Bhavesh. Bawe (entail)	B.
22	Dr. Shubham Jaiswal	S.
23	Dr. Anam S. Patil	A.
24	Dr. Shubham Zuparwar	S.
25	Dr. Shivani Nilkam	S.
27	Dr. PUSHPAKS PANDIT	P.
28	Dr. ROSHAN PANDIT	R.
29	Dr. BHAVY ANSARI	B.
30	Dr. Neel Anil Chhajjari	N.
31	Dr. Tanhavi Bhende	T.
32	DR. GURUNATH GAVALI.	G.
33	DR. Ashish Danane	A.
34	DR. ARCHANA REDE	A.
35	DR. Rachmi Pote	R.
36	Dr. Bhruya Madani	B.
37	Dr. Maryam Khan	M.
38	Vinay Talele	V.
39	Shard Palle	S.
40	Shouli Shingne.	S.
41	Punam Waghmare.	P.
42	Suhani Bhanderi	S.
43	Vidhi Sharma	V.

44	Chandrakalshi A. Bhasale	<del>Bhasale</del>
45	Shreya Sanap	Shreya
46	Shraddha Rallat	<del>Rallat</del>
47	Pranav Pise	<del>Pise</del>
48	Chetan Jadhav	Chetan.
49	Nilay Lohbhar	<del>Nilay</del>
50	Ragini Deshmukh.	<del>Ragini</del>
51	Prihi Dule	<del>Prihi</del>
52	Dr. Ravi Ganeshkar	<del>Ravi</del>
53	Dr. Shraddha Soni	Soni
54	Dr. Ajay Balli	A. V. Balli
55	Dr. Sunay Dhanu	<del>Dr.</del>

56 Dr. Rujula Kulkarni

57 DR. PRAKASH SHARMA

58. Dr. Prashantam Kulkade

~~Dr. Prashantam Kulkade~~  
Prashantam Kulkade

Dr. Panjabrao alias Bhausaheb Deshmukh Memorial Medical College, Amravati.  
Department of Psychiatry

Attendance Sheet

Date : 10/10/2022

Title : Mental Health Day Celebration (Organizing Role Play and Poster Exhibition)  
Organiser : Department of Psychiatry

Non-Teaching Staff

Sr. no.	Name	Signature
1	Mr. Anil V. Chandurkar	(A)
2	Padmaja A. Ketey	Pure
3	Nirima Bhusari	NAB
4	Yogita Pure	Yogita
5	Usha Vichhale	Usha
6	Priya S. Honde	Priya
7	Varsha Ghonde	Ghonde
8	D. M. Patil	D. M. Patil
9	G. R. Bairagi	G. R. Bairagi
10	Sulochana. Marathe	Sulochana
11	Manisha N. Khonde	MNKhonde
12	Prati Khanzode	Prati Khanzode
13	Varsha Mankar.	Varsha
14	Pratibha Chobale	Pratibha
15	Sarita Sabale	Sarita
16	Limkhaokhe	Limkhaokhe

18	Vaishali Ghogade.	W.M.
19	Subaj Deshmukh	Subaj
20	Madhuraj S. Deshmukh	Madhuraj
21	Sachin Kulkarni	Sachin
22	Shirad K. Kasale	Shirad
23	Dr. G. Rohasakar	Madh
24	Ku. Nilima Niemali	Nilima
25	Dr. Sunekha V. Mulla	Sunekha
27	Kaseema Hadke	Khadke
28	Hanshada A. Bajaj	Hanshada
29	Aniket P. Chumate	Aniket
30	Ku. Anilata K. Wasankar	Anilata
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## WORLD MENTAL HEALTH DAY



# World Mental Health Day

10th October 2022

Theme: 'Make Mental Health & Well-Being for All a Global Priority'

Department of Psychiatry  
Dr. PDMMC, Amravati



## POSTER

WELCOME ADDRESS BY THE HOD  
(DR. A. V. SABOO)





Amravati, Maharashtra, India  
WQVC+JH7, Gadge Nagar, Amravati, Maharashtra  
444603, India  
Lat 20.944022°  
Long 77.77156°  
10/10/22 10:53 AM GMT +05:30



**ROLE-PLAY**

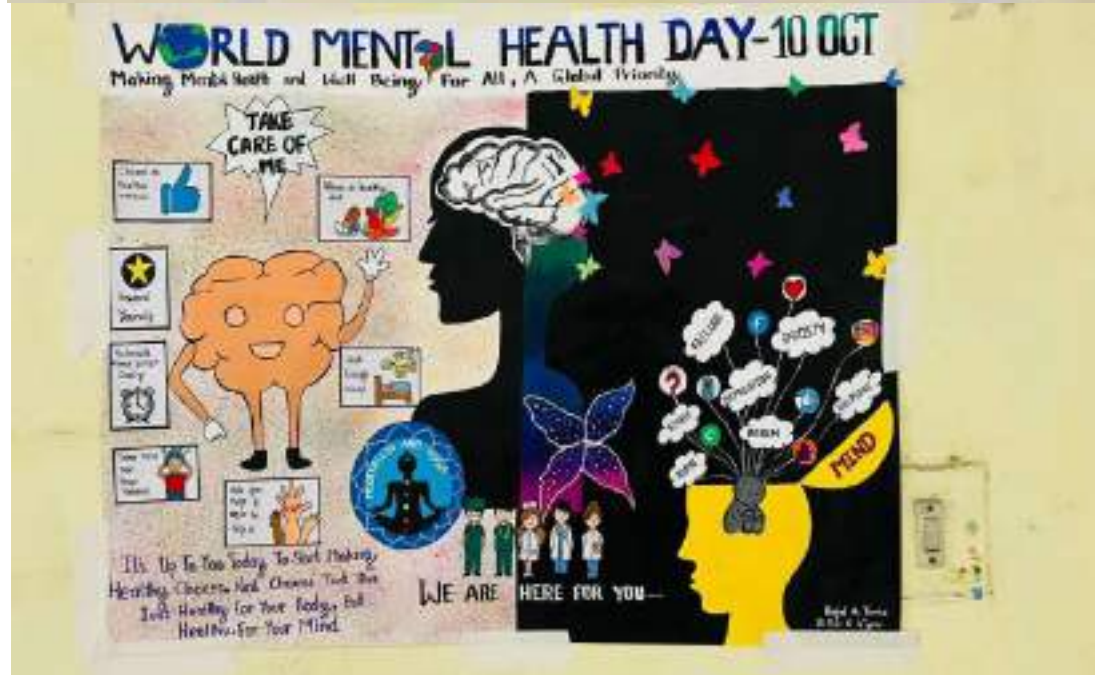


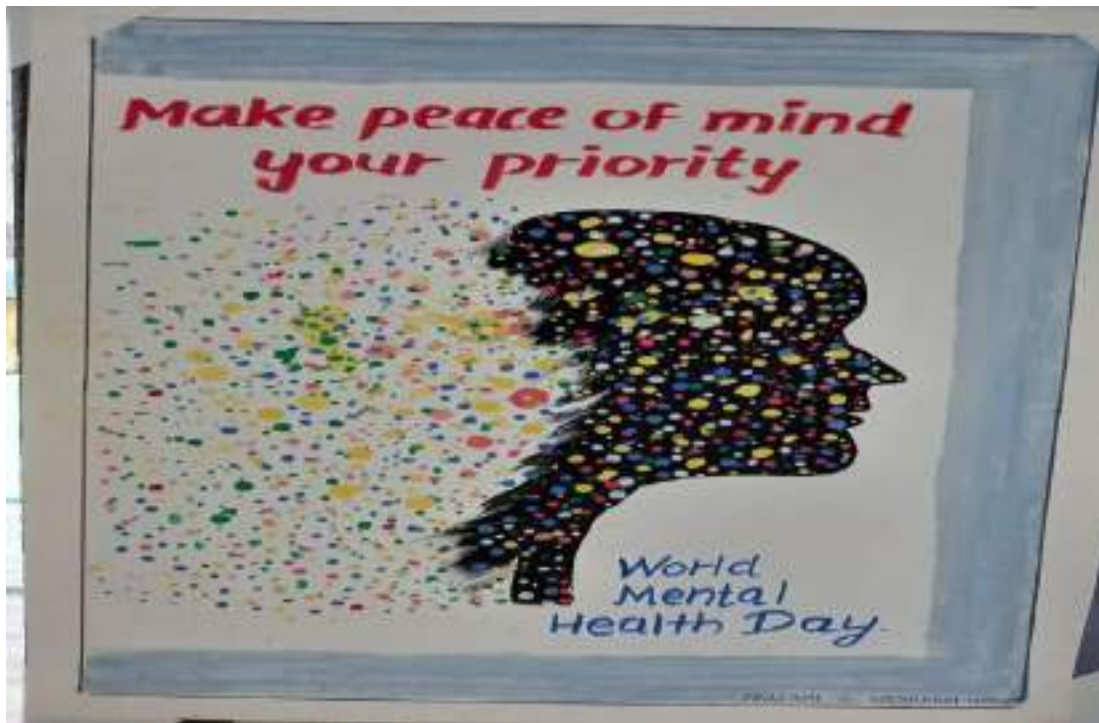


**WINNERS OF POSTERS**











Shri Shivaji Education Society Amravati's  
**DR. PANJABRAO ALIAS BHAUSAHEB DESHMUKH  
MEMORIAL MEDICAL COLLEGE**  
Shivaji Nagar, Amravati- 444603



Dr. Anil T. Deshmukh  
MD (Pathology)  
Dean



Shri. Harshvardhan P. Deshmukh  
President  
Shri Shivaji Education Society

\*OfficeTel: 0721-2552353 \*Fax: 0721-2552353 \*Website: www.pdmmmc.edu.in \*E-mail: drpdmmmc2007@rediffmail.com

Out. No.PDMMC/EST/5374/2021

Date: 05/10/2021

## CIRCULAR

On the occasion of "World Mental Health Day", Department of Psychiatry is organized a Mental Health Awareness Program for OPD Patients.

All the Teachers, faculty members, students and non-teaching staff are invited to grace the occasion.

Date : 10<sup>th</sup> October, 2021

Time : 10.00 am

Venue : OPD premises, Dr. P.D.M.M.C. Amravati.

Dean

Dr. P. D. M. Medical College  
Amravati.

DEAN

Copy for Information and necessary action :-

1. All HOD, Department of \_\_\_\_\_ (All Departments). He/She is directed to circulate this circular amongst the staff and students.

Copy To -

1. The Director, Dr. P.D.M.M.C. Amravati.
2. Administrative Officer
3. Medical Superintendent
4. Dy. Medical Superintendent



Dr. Anil T. Deshmukh  
 MD (Pathology)  
 Dean



Shri. Harshvardhan P. Deshmukh  
 President  
 Shri Shivaji Education Society

•Office Tel: 0721-2552353 •Fax: 0721-2552353 •Website: www.pdmnac.edu.in •E-mail: drpdmnac2007@rediffmail.co

PDMMC/PSY/572/2021

Department of Psychiatry

Date: 11/10/2021

**Activity (Event) Report**

**Project/Activity/Event Name :** "World Mental Health Day" 10<sup>th</sup> October, 2021

**Venue / Place :** Psychiatry OPD No. 07

**Department / Section :** Dept. of Psychiatry

Dr. P.D.M.M. C. Amravati.

**Objectives :**

1. To raise awareness of mental health issues around the world and to mobilize efforts in support of mental health.
2. Prevention and treatment of mental and neurological disorders and their associated disabilities.
3. Use of mental health technology to improve general health services.

**Importance / Relevance / Introduction :**

Important of Celebration/Awareness : They can help you to build a sense of belonging and self-worth, give you an opportunity to share positive experiences, provide emotional support and allow you to support others.

**Brief Description of the activity carried out :**

World Mental Health Day is celebrated on 10<sup>th</sup> October, 2021 at Psychiatry OPD No. 7, Dr. P.D.M.M.C. Amravati under the supervision of Dr. A. V. Saboo, Professor & Head, Department of Psychiatry.

The theme of 2021's mental health day was "Mental Health in an unequal World". A programme promoting mental health was conducted by the department for the patients visiting the hospital OPD and the students. Speakers from the faculty talked about the inequalities that increase the risk of mental health conditions and limit the access to mental health care.

On the occasion of celebration Dr. A. V. Saboo, Dr. M. P. Murke, Dr. V. A. Khandewale, Dr. Rohit Deshmukh, Dr. Anurag Khapri all post graduate students, Non-Teaching staff activity participated.

**Recommendations:**

Enclosure :

Photographs

Classified list of Attendees with signatures (Teaching, Non-Teaching, PG Students)

**Project Coordinator (Name):** Dr. A. V. Saboo

**Designation :** Professor

**Signature of Project Coordinator**

*Saboo*

**Endorsed By :** HOD/IC

Professor & Head

Department of Psychiatry

Dr. Panjabrao Alias Bhausaheb Deshmukh  
 Memorial Medical College, Amravati

DEAN

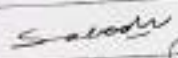
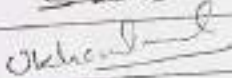
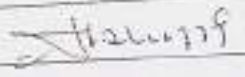
Dr. Panjabrao Alias Bhausaheb Deshmukh  
 Memorial Medical College, Amravati

Dr. Panjabrao alias Bhausaheb Deshmukh Memorial Medical College, Amravati.  
Department of Psychiatry

Attendance Sheet

Date : 10/10/2021

Title : "World Mental Health Day" Celebration 10<sup>th</sup> October, 2021  
Organiser : Department of Psychiatry

Teaching Staff		Signature
Sr. no.	Name	
1	Dr. Arjun V. Saloo	
2	Dr. U. A. Khendevarde	
3	Dr. Rajesh C. Deshmukh	A.
4	Dr. Anurag Kulkarni	
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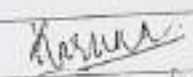
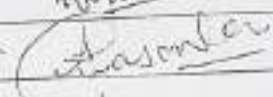
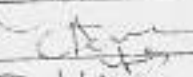
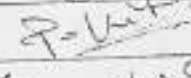

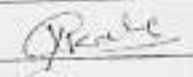
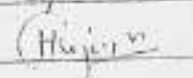
Dr. Panjabrao alias Bhausaheb Deshmukh Memorial Medical College, Anravoti.  
Department of Psychiatry

Attendance Sheet

Date : 10/10/2021

Title : "World Mental Health Day " Celebration 10<sup>th</sup> October, 2021  
Organiser : Department of Psychiatry

Non-Teaching Staff

Sr. no.	Name	Signature
1	Mrs. Karuna Hadke	
2	Miss Anukales Wankar	
3	Mrs. Anil Chandurkar	
4	Mrs. Padmayini Kale	
5	Mrs. Kalpana Kalmeghe	
6	Mr. Yogesh Kale	
7	Mrs. Anuragada Kulkarni	
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Department of Psychiatry

Attendance Sheet

Date : 10/10/2021

Title : "World Mental Health Day " Celebration 10<sup>th</sup> October, 2021  
Organiser : Department of Psychiatry

UG/PG Student

Sr. no.	Name	Signature
1	Dr. Ajay Sawai	A. Sawai
2	Dr. Shraddha Sawai	S. Sawai
3	Dr. Ramesh Maheshki	R. Maheshki
4	Dr. Nandini Deshmukh	N. Deshmukh
5	Dr. Swayj Deshmukh	S. Deshmukh
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**10<sup>th</sup>October, 2021: Mental Health in an unequal world.**

- A program promoting mental health was conducted for patients visiting the Out-patient department.







Dr. Anil T. Deshmukh  
MD (Pathology)  
Dean

Shri Shivaji Education Society Amravati  
**DR. PANJABRAO ALIAS BHAUSAHEB DESHMUKH**  
MEMORIAL MEDICAL COLLEGE  
Shivaji Nagar, Amravati- 444603



Shri. Harshvardhan P. Deshmukh  
President  
Shri Shivaji Education Society



\*Tel: 0721-2552353 \*Fax: 0721-2552353 \*Website: www.pdmmc.edu.in \*E-mail: drpdmmc2007@rediffmail.com

PDMMC/PSY/245/2020

**Department of Psychiatry**

Date: 20/10/20

**Activity (Event) Report**

**Project/Activity/Event Name :** "World Mental Health Day" 10<sup>th</sup> October, 2020

**Venue / Place :** Psychiatry OPD No. 07

**Department / Section :** Dept. of Psychiatry  
Dr. P.D.M.M. C. Amravati.

**Objectives :**

1. To raise awareness of mental health issues around the world and to mobilize efforts in support of mental health.
2. Prevention and treatment of mental and neurological disorders and their associated disabilities.
3. Use of mental health technology to improve general health services.

**Importance / Relevance / Introduction :**

Important of Celebration/Awareness : They can help you to build a sense of belonging and self-worth, give you an opportunity to share positive experiences, provide emotional support and allow you to support others.

**Brief Description of the activity carried out :**

World Mental Health Day is celebrated on 10<sup>th</sup> October, 2020 at Psychiatry OPD No. 7, Dr. P.D.M.M.C. Amravati under the supervision of Dr. A. V. Saboo, Professor & Head, Department of Psychiatry.

The theme of 2020's mental health day was "Move for Mental health: increased investment for mental health"

Owing to the growing pandemic and the strict protocols surrounding it the department put up multiple banners and posters regarding COVID and its impact on mental health in the hospital as well as the hostel campus.

Pamphlets were also distributed by the social workers to the patients and visitors explaining the common symptoms and manifestations of COVID and its impact on mental health.

On the occasion of celebration Dr. A. V. Saboo, Dr. M. P. Murke, Dr. V. A. Khandewale, Dr. Bhakti Murkey, all post graduate students, Non-Teaching staff activity participated.

**Recommendations:**

**Enclosure :**

1. Covering Letter
2. Photographs
3. Classified list of Attendees with signatures (Teaching, Non-Teaching, PG Students)

**Project Coordinator (Name):** Dr. A. V. Saboo

**Signature of Project Coordinator**

**Designation :** Professor

**Endorsed By :** HOD/IC

Professor & Head  
Department of Psychiatry  
Dr. Panjabrao Alias Bhausaheb Deshmukh  
Memorial Medical College, Amravati

**DEAN**  
Dr. Panjabrao Alias Bhausaheb Deshmukh  
Memorial Medical College, Amravati



Shri Shivaji Education Society, Amravati's  
**Dr. Panjabrao alias Bhausaheb Deshmukh**  
**Memorial Medical College**  
 Shivaji Nagar, Amravati - 444 603  
 Phone : 0721-2552353 / 2662323/2665545/ Fax : 0721 - 2552353  
 E-mail : drpdmmc2007@rediffmail.com / Web : www.pdmmc.com



Dr. P.R. Somnavaashi  
 Dean

Shri. Harshavardhan Deshmukh  
 President  
 Shri Shivaji Education Society

PDMMC/PSY/169/2020

Department of Psychiatry

Date : 01/10/2020

## CIRCULAR

Our Department is organizing "Mental Health Day" on 10<sup>th</sup> October, 2020 from 10.00 am onwards in OPD Premises, Dr. PDMMC, Amravati. On this occasion, in view of growing pandemic and the strict protocols, department will present banners and posters regarding COVID and its impact on mental health in the hospital as well as the hostel campus.

*Sabam*

**Prof. & Head**  
**Department of Psychiatry**  
**Dr. P.D.M.M.C. Amravati, Head**  
 Department of Psychiatry

Dr. Panjabrao alias Bhausaheb Deshmukh  
 Shivaji Nagar, Amravati

Copy for Information and necessary action :-

1. All HOD, Department of \_\_\_\_\_ (All Departments); He/She is directed to circulate this circular amongst the staff and students. This is for your information.

Copy To -

1. Administrative Officer
2. Medical Superintendent
3. Dy. Medical Superintendent

Dr. Panjabrao alias Bhausaheb Deshmukh Memorial Medical College, Auravati.

Department of Psychiatry

Attendance Sheet

Date : 10/ 10/2020

Title : "World Mental Health Day " Celebration 10<sup>th</sup> October, 2020

Organiser : Department of Psychiatry

Teaching Staff

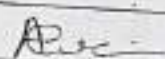
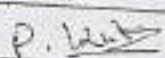
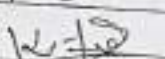
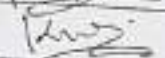
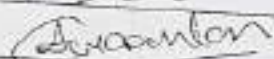
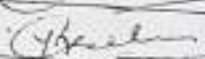
Sr. no.	Name	Signature
1	Dr. A. V. Sahoo	Sahoo
2	Dr. M. P. Murke	M. P. Murke
3	Dr. S. S. S. S. S.	S
4	Dr. BHAKTI MURKEY	B Murkey
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Dr. Panjabrao alias Bhausaheb Deshmukh Memorial Medical College, Amravati.  
Department of Psychiatry

Attendance Sheet

Date : 10/ 10/2020

Title : "World Mental Health Day" Celebration 10<sup>th</sup> October, 2020  
Organiser : Department of Psychiatry

Non-Teaching Staff		
Sr. no.	Name	Signature
1	Dr. Anil Chenchulikar	
2	MRS. Padmaja Kite	
3	Mrs. Karuna Thakore	
4	Mrs. Kalpana Karmayal	
5	MRS. Chhukile, Wasant	
6	Mrs. Yogesh A. Kab	
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Dr. Panjabrao alias Bhausaheb Deshmukh Memorial Medical College, Amravati.

Department of Psychiatry

Attendance Sheet

Date : 10/ 10/2020

Title : "World Mental Health Day" Celebration 10<sup>th</sup> October, 2020

Organiser : Department of Psychiatry

UG/PG Students

Sr. no.	Name	Signature
1	Dr Ajay Balli	Ajay Balli
2	Dr Shradha Sori	S. M. Sori
3	Dr. Purnak Mahantli	P. Mahantli
4	Dr. Nrupa Khantare	N. Khantare
5	Dr. Anirban Chakraborty	Anirban Chakraborty
6	Dr. SHARAYU BALWAIK	Shreyas
7	Dr. Neha Agarnwal	Neha Agarnwal
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**10<sup>th</sup> October,2020 :Move for mental health: Let´s invest!**

- Owing to the strict protocols of the pandemic, the Department put up multiple banners and posters regarding COVID and mental health in common spaces in the hospital and hostels.
- Pamphlets were distributed by social workers to patients and visitors explaining common symptoms for them to avail the Psychiatric services at the hospital.





Shri Shivaji Education Society's Amravati  
**Dr. PANJABRAO aHas BHAUSAHEB**  
**DESHMUKH MEMORIAL, MEDICAL COLLEGE,**  
**AMRAVATI**  
 Shivaji Nagar, Amravati-444603



PDMMC/PSY/205/2019

DATE: 16/10/2019

**DEPARTMENT OF PSYCHIATRY**

**Activity (Event) Report**

**Project/Activity/Event Name** : "World Mental Health Day" 10<sup>th</sup> October, 2019

**Venue / Place** : Psychiatry OPD No. 07

**Department / Section** : Dept. of Psychiatry  
 Dr. P.D.M.M. C. Amravati.

**Objectives :**

1. To raise awareness of mental health issues around the world and to mobilize efforts in support of mental health.
2. Prevention and treatment of mental and neurological disorders and their associated disabilities.
3. Use of mental health technology to improve general health services.

**Importance / Relevance / Introduction :**

Important of Celebration/Awareness : They can help you to build a sense of belonging and self-worth, give you an opportunity to share positive experiences, provide emotional support and allow you to support others.

**Brief Description of the activity carried out :**

World Mental Health Day is celebrated on 10<sup>th</sup> October, 2019 at Psychiatry OPD No. 7, Dr. P.D.M.M.C. Amravati under the supervision of Dr. S. B. Deshmukh, Professor & Head, Department of Psychiatry.

The theme of 2019's mental health day was "Mental Health promotion and suicide prevention".

The department organized a suicide awareness programme with the doctors from the faculty speaking about the increasing incidence and the various new emerging factors leading to suicide in the general population.

A flash mob was organized by the under graduate students with respect to the same with multiple posters and cards displayed showing slogans.

On the occasion of celebration Dr. S. B. Deshmukh, Dr. A. V. Saboo, Dr. M. P. Murke, Dr. V. A. Khandewale, all post graduate students, Non-Teaching staff activity participated.

**Recommendations:**

**Enclosure :**

1. Covering Letter
2. Photographs
3. Classified list of Attendees with signatures (Teaching, Non-Teaching, PG Students)

**Project Coordinator (Name):** Dr. A. V. Saboo

**Designation :**

Asso. Professor

**Signature of Project Coordinator** 

**Endorsed By :** HOD/IC

Professor & Head  
 Department of Psychiatry

**Dr. Panjabrao Alhas Bhasusaheb Deshmukh**  
**Memorial Medical College, Amravati**

**DRAN**  
 Panjabrao Alhas Bhasusaheb Deshmukh  
 Memorial Medical College, Amravati

**DRAN**  
 Panjabrao Alhas Bhasusaheb Deshmukh  
 Memorial Medical College, Amravati



Shri Shivaji Education Society, Amravati's  
**Dr. Panjabrao alias Bhausaheb Deshmukh**  
**Memorial Medical College**

Shivaji Nagar, Amravati - 444 603  
Phone : 0721- 2552353 / 2662323/2665545/ Fax : 0721 - 2552353  
E-mail : drpdmmc2007@rediffmail.com / Web : www.pdmmc.com



Dr. P.R. Somavanshi  
Dean

Shri. Harshavardhan Deshmukh  
President,  
Shri Shivaji Education Society

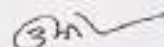
Out.No.PDMMC/EST/7213/2019

Date :- 7/10/2019

## CIRCULAR

"Mental Health Day" is organized by Department of Psychiatry on 10<sup>th</sup> October, 2019 from 10.00 am onwards in OPD Premises, Dr. PDMMC, Amravati. On this occasion, Department will organized a Suicide Awareness Program for OPD patients.

All the Teaching staff, faculty members, students and non-teaching staff are instructed to grace the occasion.

  
Dean

**Dr. P. D. M. Medical College**  
**Amravati.**

Copy for Information and necessary action :-

1. All HOD, Department of \_\_\_\_\_ (All Departments): He/She is directed to circulate this circular amongst the staff and students. This is for your information.
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1. Administrative Officer
2. Medical Superintendent
3. Dy. Medical Superintendent



Dr. Panjabrao alias Bhausaheb Deshmukh Memorial Medical College, Amravati.  
Department of Psychiatry

Attendance Sheet

Date : 10/ 10/2019

Title : "World Mental Health Day" Celebration 10<sup>th</sup> October, 2019  
Organiser : Department of Psychiatry

Teaching Staff

Sr. no.	Name	Signature
1	Dr. A.V. Saloo	Saloo
2	Dr. B.H. Murkey	Murkey
3	Dr. M.P. Muske	M.P. Muske
4	Dr. S.B. Dashmule	S.B. Dashmule
5	Dr. V.R. Lunge	Lunge
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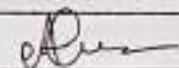
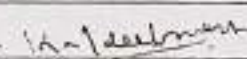
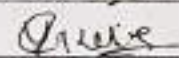
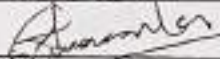
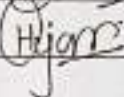
Dr. Panjabrao alias Bhausaheb Deshmukh Memorial Medical College, Amravati.  
Department of Psychiatry

Attendance Sheet

Date : 10/ 10/2019

Title : "World Mental Health Day" Celebration 10<sup>th</sup> October, 2019  
Organiser : Department of Psychiatry

Non-Teaching Staff

Sr. no.	Name	Signature
1	Mrs. Anil chandurkarr	
2	Mrs. Padmaja Kite.	P. Kite
3	Mrs. Kalpana Kalmegh	
4	Mrs. Yogesh Kabe	
5	Miss Anilga. Wankar	
6	Mrs. Harshada Gajjar	
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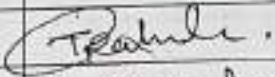
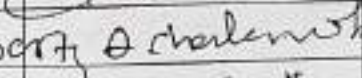
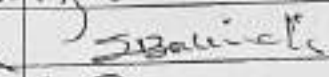
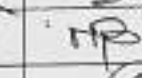
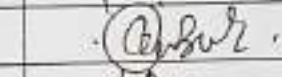

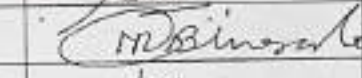
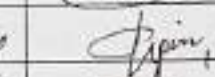
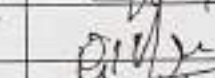
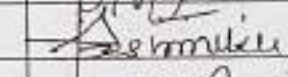
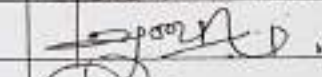
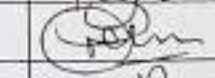


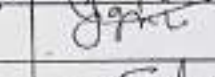
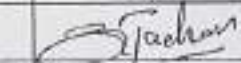
Attendance Sheet

Date : 10/ 10/2019

Title : "World Mental Health Day" Celebration 10<sup>th</sup> October, 2019

Organiser : Department of Psychiatry

UG/PG Students

Sr. no.	Name	Signature
1	Dr. Tejswini Rahule	
2	Dr. Anirban Chakraborty	
3	DR. SHARAYU BALWIK	
4	Dr. Nrupa Bhambure	
5	Geeta Bilo	
6	Avinash Karmale	
7	M. Binod	
8	Samiksha Chaudhary	
9	Garvit Chetke	
10	Anagha Deshmukh	
11	Shreya Chavan	
12	Radhika Dhanora	
13	Shravani Gadkhande	
14	Priyanka Jozul	
15	-	
16	Ashwin Talwar	

**10<sup>th</sup>October, 2019: Mental Health Promotion and Suicide**

- Owing to the increased incidence of suicide, the department organized a suicide awareness program. A flash mob was performed undergraduate students for patients visiting the Out-Patient Department of the hospital.

